

National Accreditation Board for Hospitals & Healthcare Providers

Scope of Accreditation

SAHAYA Holistic Integrative Hospital Pvt. Ltd.

3rd Floor, Mahabodhi Mallige Hospital
1st Block Jayanagar, Bengaluru-560011

Certificate No. AH-2013-0008

Valid from : June 24, 2013

Valid thru : June 23, 2016

AYURVEDA

Poorvakarma

- Amapachana
- Snehana (Oleation Therapy)
- Bahya Snehana
- Abhyantara Snehana

Swedana (Fomentation therapy)

- Tapa Swedana
- Upanaha Swedana
- Ooshma Swedana
- Drava Swedana
- Pinda Swedana
- Bashpa Swedana

Panchakarma (Pradhanakarma)

- Vasti
- Virechana (Purgation/Induced Laxation)
- Vamana
- Nasya (Nasal therapy)

Paschat Karma

- Samsarjana Karma (Diet)
- Bruhmana Procedures
- Rasayana Chikitsa (Rejuvenation)

Special Services

- Ayurvedic face pack
- Vajikarana chikitsa (Aphrodisiac)

YOGA & NATUROPATHY

- Acupuncture
- Auriculotherapy
- Acupressure
- Hydro Therapy
- Magnetotherapy
- Massotherapy
- Mud Therapy
- Physiotherapy
- Reflexology
- Therapeutic Diet Counselling
- Yoga – Pranayama, Meditation & Relaxation
- Kriyas

Special Services

- Fruit Face Packs
- Vegetable Face Packs
- Yoga Nidra
- Meditation techniques
- SAHAYA Transformation
- Cyclic meditation
- Chakra meditation

HOMEOPATHY

- Acute Disease Management
- Chronic Disease Management
- Constitutional Management
- Prophylactic Management

Special Services

- Asthma & Allergy
- Hair Fall
- IBS
- Psoriasis

SPECIAL PROGRAMMES/ SERVICES/ DEPARTMENTS Medical

- Allergic disorders
- Ano- Rectal Disorders (NonSurgical)
- Cardiology / Hrudroga / Hypertension Management
- Dermatology / Tvak Vikara / Skin Disorders / Therapeutic Skin Care
- Endocrinology / Diabetology
- ENT / Shalaky Chikitsa
- Gastroenterology / Annava Strotas Vikara/ Digestive Disorders
- General Medicine / Kayachikitsa
- Geriatrics / Jara Chikitsa / Old age disorders
- Gynaecology / Stree Roga
- Infertility
- Medical Oncology / Arbuda / Cancer Care
 - ❖ Palliative Care
 - ❖ Supportive Care
- Metabolic Disorders
- Nephrology / Vrukka Roga
- Neurology / Vata Roga / Neuro muscular disorders
- Obstetrics / Prasooti Tantra
 - ❖ Ante-natal
 - ❖ Post natal
 - ❖ Sub-Fertility
- Ophthalmology / Netra Chikitsa
- Orthopaedics / Asthi-Sandhi Vikara
- Palliative Care / Shushrusha Vibhaga

- Paediatrics / Bala Roga

- Preventive Medicine / Swastha Vritta

- Psychiatry / Manasa Roga / Mental disorders

- Pulmonology / Shwasavaha Strotas / Respiratory Disorders

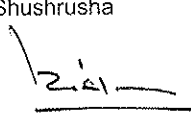
- Rehabilitation / Punarvasana- Punasthapana

- Respiratory Medicine / Shwasa Roga

- Rheumatology / Diseases of Connective Tissue, Bones & Joints / Arthritis Management
- Urology / Mutravaha Strotas Roga.

Health

- Anti Ageing
- De-Addiction & Smoking Cessation
- Detoxification
- General Wellness
- Hair & Skin Care
- Lifestyle Management
- Rejuvenation
- Stress Management
- Weight Management
- Women's Health


Chief Executive Officer